



BOARD OF DIRECTORS MEETING MINUTES November 9, 2021

This RBHA Board of Directors Meeting was held as an electronic meeting pursuant to Ordinance No. 2021-181 (City Council for the City of Richmond, June 28, 2021) due to the disaster represented by the spread of COVID-19.

Board members and staff participated by teleconference/videoconference via Zoom. The general public was able to participate by teleconference/videoconference via Zoom.

RBHA Board members present by roll call: Dr. Joy Bressler; Scott Cannady; Irvin Dallas; Vice Chair; Denise Dickerson, Secretary/Treasurer; Dr. Cheryl Ivey Green, Chair; Karah Gunther; Dr. Brian Maiden; Dr. Cynthia Newbille; Melodie Patterson and Eduardo Vidal.

RBHA Board members absent: Shauntelle Hammonds; Dr. Andrew Ramsey; and Malesia "Nikki" Taylor.

Staff present: Dr. John Lindstrom, CEO; Amy Erb; Bill Fellows; Susan Hoover; Dr. Jim May; Shenee McCray; Carolyn Seaman; Michael Tutt; Cristi Zedd and Meleese Evans, Executive Assistant.

RBHA's Legal Counsel: Jon Joseph of Christian & Barton, LLP.

Guests: None.

Proceedings:

- The meeting was called to order at 3:03 p.m. by Dr. Cheryl Ivey Green.
- The Board meeting minutes for October 5, 2021 were approved with a motion by Dr. Cynthia Newbille and seconded by Dr. Joy Bressler. The motion carried by the following board member roll call vote: (7: 3). Irvin Dallas, Melodie Patterson and Eduardo Vidal were not present during the vote.
- Public Comment: None.

Employee Recognitions

- Circe Black, LCSW, Director of Compliance in Quality and Standards, was recognized as employee of the month.
- The Men's Residential Treatment Center and North Campus Kitchen Team in Substance Use Disorders Services was recognized as team of the month.

CLOSED SESSION

- Pursuant to Section 2.2-3711A(1) of the Code of Virginia, a motion was made by Denise Dickerson and seconded by Karah Gunther to move the meeting into closed session at 3:29 p.m. for discussion of personnel matters. Each Director was polled and provided the certification required by statute. The motion carried by the following board member roll call vote: (9: 1). Melodie Patterson was not present during the vote.
- **Motion and Vote:** Denise Dickerson moved that the meeting enter back into open session and to adopt the resolution by the RBHA Board of Directors to adjust the compensation for Dr. John Lindstrom, CEO, to 6.1%, which is an additional 2.1% compensation that was awarded to RBHA staff; seconded by Dr. Cynthia Newbille at 3:52 p.m. The motion carried and the resolution was approved by the following board member roll call vote: (9: 1). Melodie Patterson was not present during the closed session.

- Denise Dickerson moved that what was read in the motion for closed session was discussed, affirming the resolution; seconded by Dr. Cynthia Newbille. The motion carried by the following board member roll call vote: (9:1) Melodie Patterson was not present during the closed session.

Board Chair Report - Dr. Cheryl Ivey Green

- Dr. Cheryl Ivey Green thanked Dr. Lindstrom, the Leadership Team and everyone for their continued great work and all they do for RBHA.
- Dr. Green reminded board members of the community service day on 11/16 at the North Campus.

Chief Executive Officer's Report - Dr. John Lindstrom

- The CEO Report was discussed and is included in today's board meeting packet and with today's meeting minutes.

Committee Reports:

Access & Service Delivery Committee – Malesia "Nikki" Taylor

- The Access & Service Delivery Committee has not met since the last board meeting.

Advocacy & Community Education Committee – Scott Cannady

- The Advocacy and Community Education Committee has not met since the last board meeting.

Executive Committee – Dr. Cheryl Ivey Green

- The Executive Committee and Human Resources Committee met together to discuss CEO compensation.

Finance Committee Report – Denise Dickerson

- Total cash in the bank at September 30th was \$29.2 million, and RBHA's share of that cash is \$11.1 million. This is higher than normal due to the October 1st warrant being deposited in September and new program funding.
- RBHA's current operating reserve ratio was up in September to 1.79 or more than 3 months of expenses. This is due to the additional warrant, improved collections from MCOs and current expenses under budget.
- Net income at September 30 was \$12.4 million; however, certain amounts will be deferred until earned and future net income will decrease accordingly.
- Gross Accounts Receivable is \$18.1 million and net AR, after the allowance for doubtful accounts, is \$10.8 million due from the MCOs.
- The note payable balance at September 30th is \$2.92 million which has been recorded in the current and long-term liabilities section of the Balance Sheet.
- The FY2021 Audit is complete. The report is unmodified with no material weaknesses or significant deficiencies. The report has been submitted to the City of Richmond and the Department of Behavioral Health and Developmental Services.
- Denise Dickerson congratulated Bill Fellows and his staff for another great audit report.

Human Resources Committee – Irvin Dallas

- The Human Resources Committee and Executive Committee met together to discuss CEO compensation.

Nominating & By-Laws Committee – Dr. Joy Bressler

- The Nominating and By-Laws Committee has not met since the last board meeting.

Presentation: RBHA Children's Services Across Service Divisions was presented by Shenee McCray, LCSW, COO Mental Health Services; Cristi Zedd, LCSW, COO Developmental Services/REACH Region IV/ITC of Richmond; Jim May, Ph.D., COO, Planning, Development, Research, Evaluation and Substance Use Disorders Services; and Charlene Edwards, MSW, Prevention Services Manager. The presentation is included with today's meeting minutes.

RBH Foundation Report – Carolyn Seaman

- The Foundation Development Report was discussed and is included in today's board meeting packet and with today's meeting minutes.
- Carolyn reiterated the board collaboration volunteer project on 11/16. Will start distributing donations to programs after 11/30.
- Asked all to review the gratitude report to know who supports our organization.
- Carolyn acknowledged Eduardo Vidal for making a connection for the Foundation with the community where a group of women, moms and kids from RBHA were able to participate in a 6 week learn to skate program at the Ice Zone. The skate club applied for the grant and the Foundation wrote a letter of support to the US Figure Skating Association.

Other Items:

- Denise Dickerson requested talking points to assist board members with advocacy when speaking with City Council and Legislators, with an emphasis on children, youth and families.
- **Action Item:** The Executive Leadership Team will construct talking points for board members to assist with advocacy when speaking with City Council and Legislators, with an emphasis on children, youth and families. Will also craft an email from the Board that goes out to City Council and Legislators in our area and try to obtain the data by council districts.

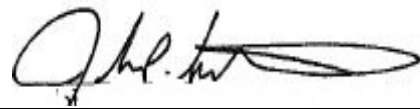
The meeting adjourned at 5:19 p.m.

The next Board of Director's meeting will take place on Tuesday, January 4, 2022 at 3:00 p.m.

Respectfully Submitted:



Dr. Cheryl Ivey Green
RBHA Board Chair



Dr. John P. Lindstrom
Chief Executive Officer

November 9, 2021

MOTION

I move that the meeting of the Board of Directors of the Richmond Behavioral Health Authority enter closed session pursuant to Section 2.2-3711A(1) of the Code of Virginia for discussion of personnel matters.

Resolution of the Board of Directors

November 9, 2021

I hereby move for the adoption of the following resolution by the RBHA Board:

WHEREAS, the meeting of the Board of Directors of the Richmond Behavioral Health Authority ("the Authority") has convened in closed session on this date pursuant to an affirmative recorded vote and in accordance with the provisions of the Virginia Freedom of Information Act; and

WHEREAS, Section 2.2-3712 of the Code of Virginia requires a certification by this Authority that such closed session was conducted in conformity with Virginia law.

NOW THEREFORE, BE IT RESOLVED:

That the Authority hereby certifies that to the best of each director's knowledge: (i) only public matters lawfully exempt from open meeting requirements by Virginia law were discussed in the closed session to which this certifying resolution applies; and (ii) only such public business matters as were identified in the motion convening the closed session were heard, discussed or considered by the Authority.

WITNESS the following vote of Authority directors, as recorded by its Secretary.

 Secretary

Richmond Behavioral Health Authority
Board of Directors
Chief Executive Officer's Report
November 9, 2021

It is November, our 20th month of COVID-19 operations. I open this report acknowledging the incredible dedication and persistence of our staff in keeping RBHA vital and present through all of the challenges endured to date, and those we will encounter as we continue to adapt to the public health environment. I also recognize and appreciate the support demonstrated by the Board of Directors. We know that you have trusted us to manage clinical and business operations, make the hard choices, and adopt unconventional strategies for service delivery. We have learned to work differently and will likely carry some of our learnings forward as the public health crisis abates.

The Board of Directors does not meet as a body in December. As we resume meetings in 2022, we will be back to in-person gatherings. We must have enough numbers for a quorum physically present to allow for others to participate virtually.

The January VACSB conference, normally held in Richmond, will be hosted virtually. Plans are underway to resume in-person conferences in May.

On behalf of the Richmond planning and implementation team, I submitted the City of Richmond Marcus Alert Plan to DBHDS on October 14, one day ahead of the deadline.

Final negotiations have been completed with Region 1 and a call center provider, part of the Mobile Crisis expansion (STEP VA) and integral to getting Marcus Alert resources in place. Region 1 and Region 4 will contract with the same vendor, with only small variations related to geography and regional Mobile Crisis plans.

Significant work has been undertaken to bill MCOs under the new rates for selected services. You will recall that a temporary 12.5 percent increase, effective July 1, 2021 was announced by DMAS. These new rates will be effective through June 2022 with hope that the General Assembly will make them permanent. Our process has been adjusted, allowing all services delivered in October and forward to be billed at the higher rate. DMAS is still working on a plan for dispersing retroactive payments.

First floor renovations at 107 South Fifth Street are on pace for December completion. Barring any last-minute supply chain issues, we should begin moving into the added outpatient offices, exam rooms, conference rooms, and wait areas in January.

The process for monitoring vaccine requirements is moving along smoothly. All staff are either vaccinated or are working under an approved accommodation plan based on either medical or religious exemptions. The plans are conditional; subject to change depending on the trajectory of the pandemic and costs. Non-vaccinated employees must submit weekly PCR test results.

We will submit a proposal for standard recognitions of retirements. The proposal will initially go to the finance committee as some small costs are involved.

Our Access & Emergency Services division has been renamed to Emergency & Justice Support Services. It includes our Emergency Services department, mental health docket, mental health alternative sentencing program, Crisis Intervention Team Assessment Center (CITAC), and Crisis Intervention Team training coordination.

Respectfully submitted,



John P. Lindstrom, Ph.D., LCP
Chief Executive Officer

RBHA Children's Services Across Service Divisions

1

Children served across the agency

- In FY21, 3,218 youth served across all service areas (unduplicated)
- Ages 0-18
- Many youth have experienced significant trauma
- Entire family unit – parent/guardian, plus youth and siblings are served, in some instances.
- Prevention Unit provides youth-focused community risk assessments and capacity-building.



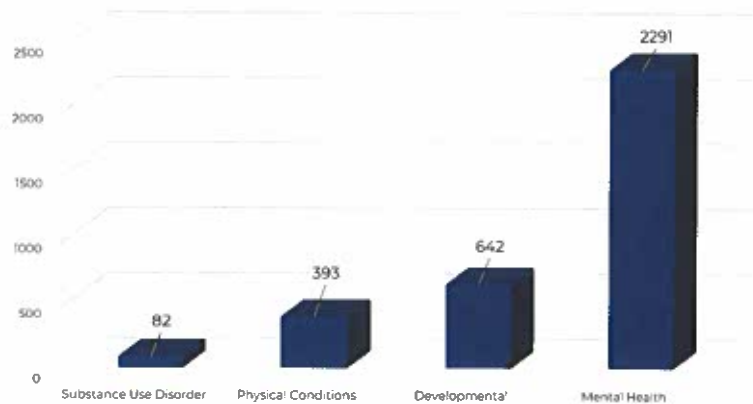
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Access to Services

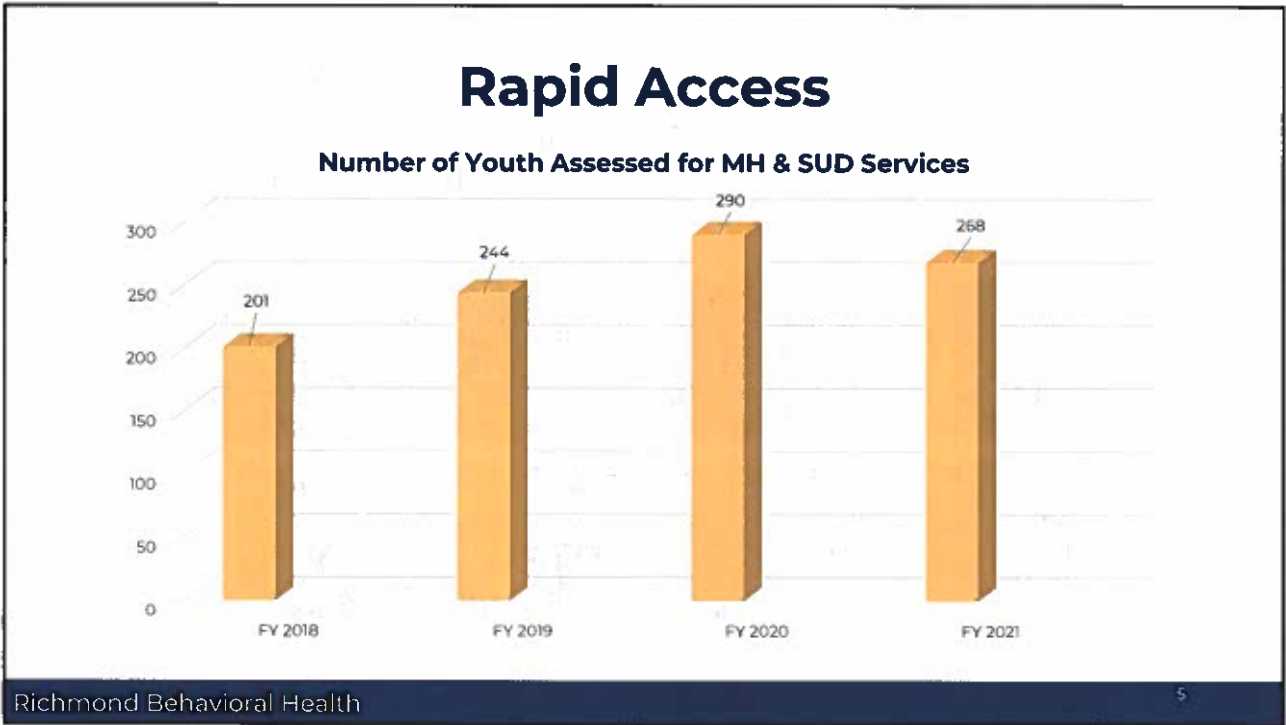
- Rapid Access
- Assessments conducted in RPS schools
- Assessments conducted in Richmond Juvenile Domestic & Relations Courts
- Divisional access
- NO WRONG DOOR
- Direct referrals from the court, primarily through the Juvenile Behavioral Health Docket, primarily for SUD or co-occurring MH/SUD services

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Youth 0-18 receiving services at RBHA, FY-21



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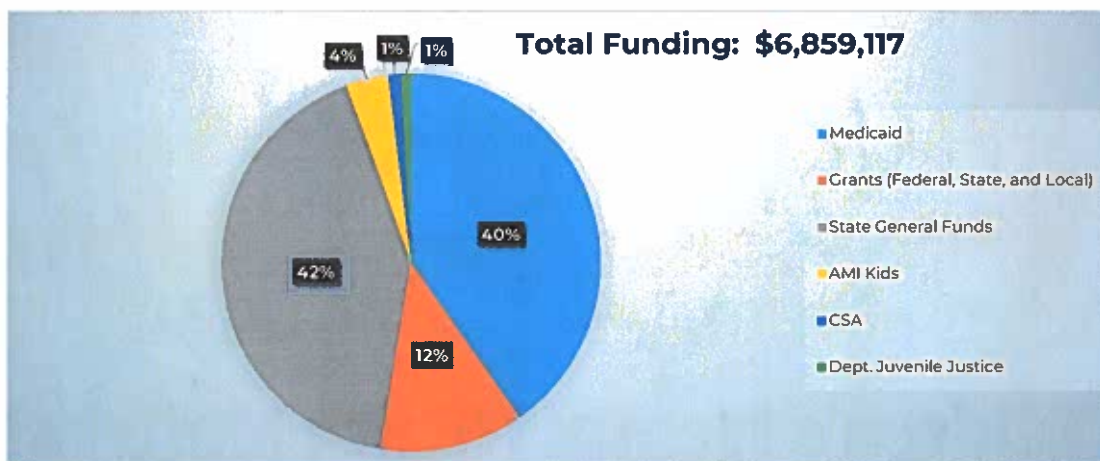
Mental Health Services

Total served in FY2021: 813 unduplicated youth
Currently serving: 528 unduplicated youth (95% with Medicaid)



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How are Children's MH Services Funded?



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Developmental Services

Speech Delay
Language Delay
Intellectual Development
Motor Skill Issues
Emotional Development
Developmental Delay
Social Skills Development
Movement Problem
Cognitive Development

Developmental Services

Number of Children Assessed for Developmental Services

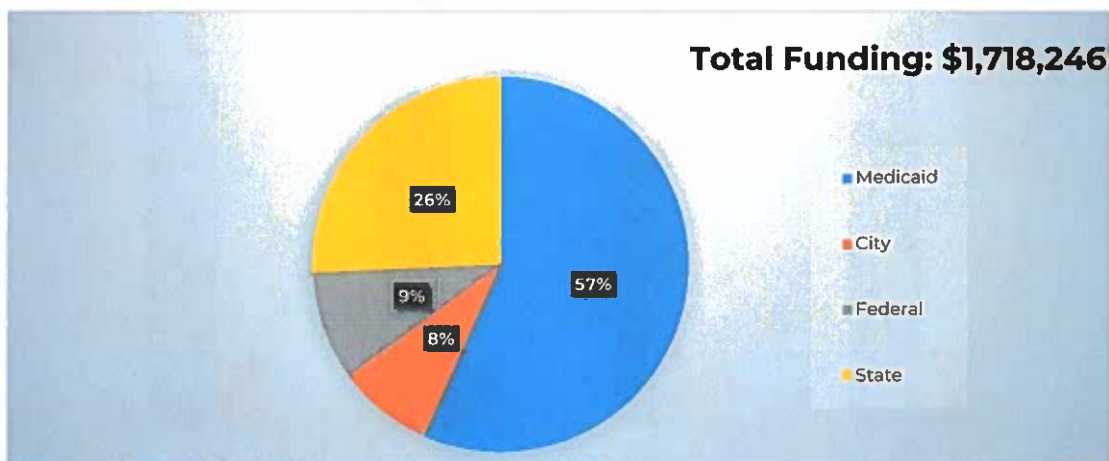


Developmental Services

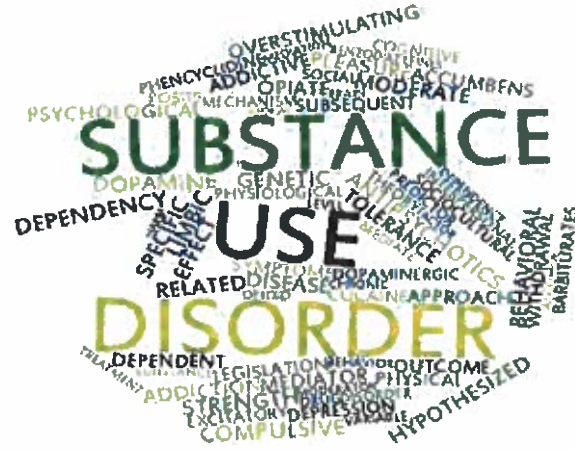
Total served in FY2021: 961 unduplicated youth
Currently serving: 727 unduplicated youth



How are Developmental Services/Part C Funded?



Substance Use Disorders

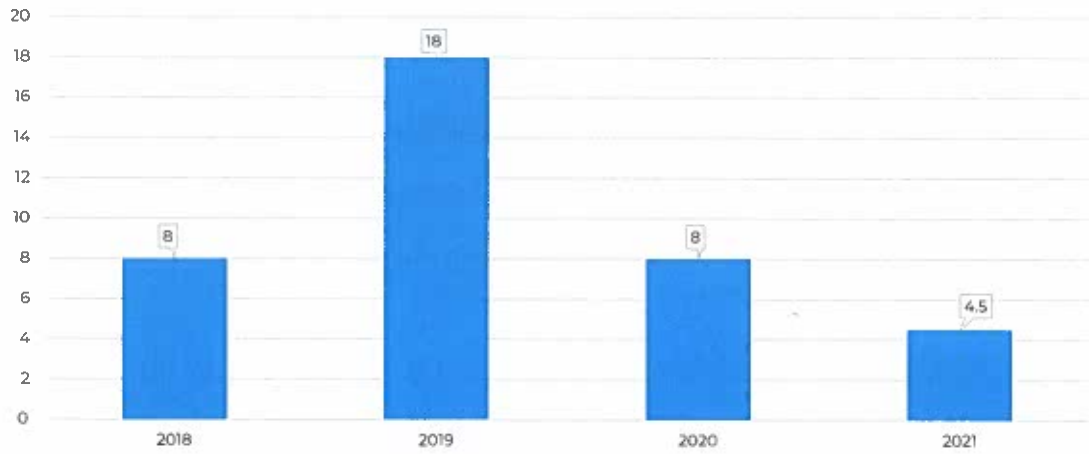


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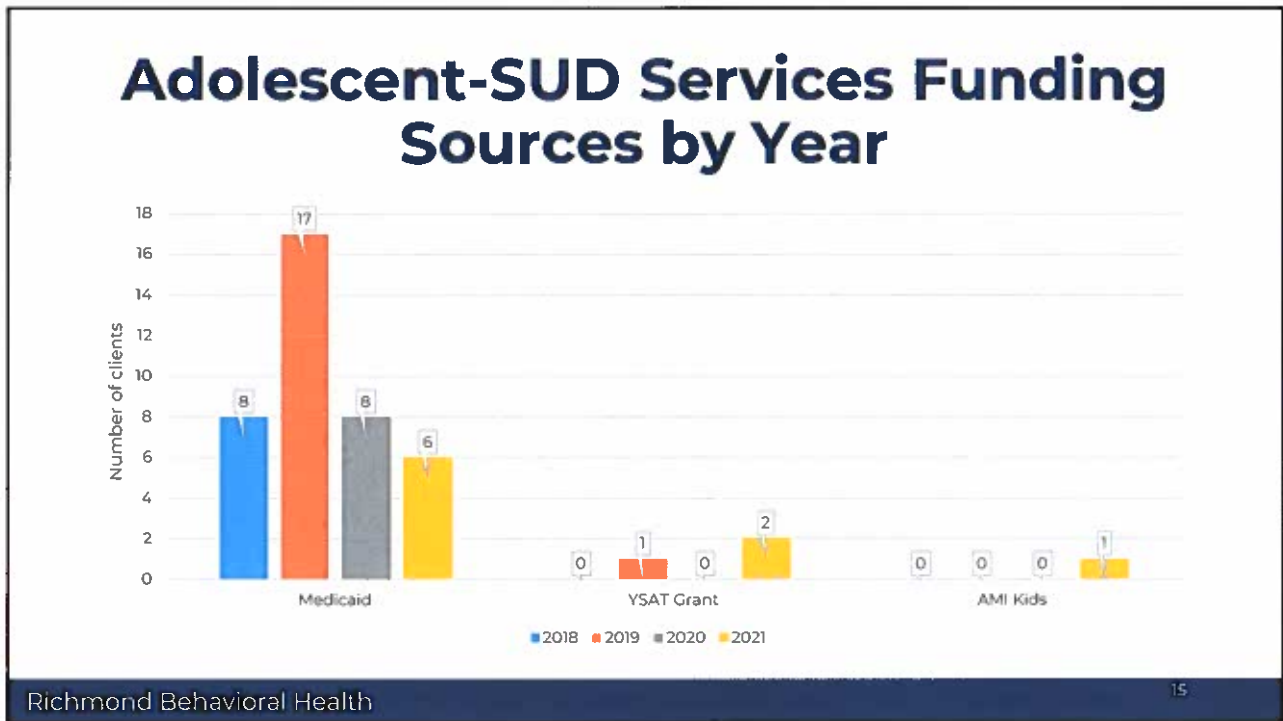
Total number of new Adolescent-SUD Cases Opened to RBHA



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- ## Adolescent-SUD FY 21 Referral Sources
- Majority are referred from the Court Services Unit
 - 1 referral directly from Rapid Access
 - 1 referral from RBHA Child and Family Services
 - (For MH, referrals come from parents/guardians and schools)
- Richmond Behavioral Health 16

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Youth Substance Abuse Treatment (YSAT) Grant

- The Youth Substance Abuse Treatment (YSAT) grant used the Adolescent Community Reinforcement Approach (A-CRA) model
- Goal of A-CRA is to help youth reconnect with or discover new sources of positive reinforcement within their community to compete with alcohol or drug use
- A-CRA model includes guidelines for three types of sessions: youth alone, parents/caregivers alone, and youth and parents/caregivers together or youth and significant others together
- Individuals ages 16-25 seeking services for a Substance Use Disorder are the target audience

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Prevention Services



Building Protective Factors and Reducing Risk Factors across domains

Domains: Individual (Youth), Family, School, Community

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Prevention Corner

FRIENDS OF PREVENTION COALITION RVA
 WWW.FOPRVA.COM
 PREVENTION CORNER NOVEMBER 2021

Coalition
 (n) alliance formed for a combined action

WHO WE ARE AND WHAT WE DO!
 The Friends of Prevention Coalition works in an innovative and creative manner to develop environmental strategies and solutions to promote and improve health wellness and resilience in the City of Richmond.

We use targeted strategic objectives and associated activities to achieve our mission of creating and sustaining safe, healthy, and drug free communities.

For more information on our coalition and how to join us visit us at:
www.foprva.com and follow us on Facebook at: www.facebook.com/foprva.

Community Domain: Youth Advisors:

GO BEYOND
the Label

Effect the change in YOUR community
 Address gaps in programs for youth/young adults.
 Be the Voice!
 Serve as the Youth Advisors to the Friends of Prevention Coalition

Open to youth (14-17)/ young adult (18-24)
 Must live in the City of Richmond
 Applications are available at www.foprva.com

Facebook: www.facebook.com/foprva RBH

Data Driven 2019 Virginia (Richmond) School Survey

• Middle School

- 1259 students (6th-8th grades)
- 47.4% Male
- 51.5% Female
- 53.9% Black/African-American (AA)
- 26.0% Hispanic/Latinx (H/L)
- 7.15% White/Euro-American

High School

- 909 students (9th-12th grades)
- 50.9% Male
- 48.6% Female
- 67.9% Black/African-American (AA)
- 16.1% Hispanic/Latinx (H/L)
- 5.50% White/Euro-American

Educational Individual Domain



- Services contracted through Challenge Discovery Projects.
- 132 youth served Clinic, Salvation Army program 51 served virtually at the Detention Center (51);
- 7 professional videos for social emotional learning requested by RPS, to be sent to 6 East End elementary schools asking principals/school counselors to share with 3rd, 4th and 5th graders. Target population of up to 1,200 students.
- 21 youth at Salvation Army in weekly Social-Emotional learning groups from October 2020 to June 2021. Kids were involved in 525 hours of SEL, outings, relaxation techniques, etc.

Focus Groups 2021

Purpose: To gain insight about services, initiatives, opportunities and offer recommendations

- 7 sessions were conducted virtually and over 50 participants
- Youth 14 – 17 years
- Young Adults 18 – 24 years



Can We Talk?

CAN WE TALK?

Youth Voices and Law Enforcement

June 17th, 2021 -Livecast from "The Well Art Gallery" 1309 Hull Street, Richmond, Va.
6:00 p.m. to 8:00 p.m.
www.facebook.com/fopcrva



Join us on Facebook Live for Youth Voices and Public Safety! This is a Live Cast conversation with our youth and Police Chiefs of several localities including Richmond! Can We Talk at the Well Art Gallery! Facilitated by Ray Fields.



Your voices matter, your dreams matter, your lives matter. Be the roses that grow in the concrete.

ANGIE THOMAS, THE HATE U GIVE

RBH

Richmond Behavioral Health



**Beats,
Rhythm &
Life**





BRL LIVE MUSIC SHOWCASE

JUL 18 | AUG 1 | AUG 8

6PM | @BRLRVA

Join Richmond's own *Beats, Rhythm, & Life* on IG LIVE for this music showcase. The first 11 people chosen to perform will receive an e-gift card!

Must be ages 11-23 to participate

FOR MORE INFORMATION OR TO SIGN UP, DM "BEATS, RHYTHM, AND LIFE" ON INSTAGRAM @BRLRVA

Richmond Behavioral Health 25

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Summer Explosion Camp



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Service Collaborations between Divisions

- We provide SUD services to children who are also receiving C&F Case management, and collaborate with the case managers to provide a seamless continuum of care;
- MH and DS often collaborate to ensure that all resources are identified and accessible to a youth who may be served in either REACH or case management
- Part C Early Intervention services are now co-located in the Child Activity Center on the North Campus
- We assess DD Waiver Eligibility for children receiving C&F Case management and monitor on the DD Waiver Waitlist, if eligible

Future Goals

- **For MH** – Early Identification: partnering with RPS to identify pre-k and elementary-aged youth who may need services
- **For MH** – Increasing the number of youth served in psychotherapy
- **For MH & SUD** – The new Community Mental Health Center (CMHC) grant allows us to expand and enhance service delivery to youth served in Therapeutic Day Treatment and justice-involved services. Both clinical and case management services are being enhanced along, with staff training.
- **For SUD** – We're currently exploring the expansion of primary care services to youth. Newest Prevention grant involves needs assessments around gaming & gambling.
- **For DS** – Increasing capacity to meet the social and emotional development of young children and their families via infant mental health services; 3 staff in process of becoming endorsed and would like to add an LCSW position.

Challenges

- COVID and the kids not being in school
- Continuing stigma and denial in the community and among parents, with regard to the extent to which behavioral and emotional problems are prevalent in the community;
- Continuing stigma and shame in the community and among parents, with regard to seeking services for their children;
- Getting the parents "on-board" to consent for treatment and services
- Early identification of the need for services

In their Words: Challenges Experienced by Youth & Young Adults

- "The biggest challenge I've had this year (over the past year) was... dealing with COVID."
- "I went to a new school. I'm a freshman in high school, so I don't know anyone."
- "We're always home. My room is where I do everything - rest, get hyped, work. It's hard to control it and get into the mindset of this is what I need to do."
- "Being social. When school ended, I had to figure out what to do with myself. I figured it out now, because school opened up."

In their Words: Challenges Experienced by Youth & Young Adults

- “School ending, sports being cancelled. Dealing with change.”
- “Learn how to set boundaries to adapt to change in a positive way. Finding resources to take care of myself (“orphaned”).”
- “Not meeting goals (nursing school) & having to reevaluate my life.”
- “Finishing my schoolwork. Going from being busy to having nothing to do. The whole virtual school thing is not for me, and it’s hard to stay on top of that. I don’t want to sit here and stare at my computer screen. It doesn’t motivate me to want to go to class.”

Richmond Behavioral Health

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RBH RICHMOND
BEHAVIORAL
HEALTH

The End.
Questions?
Thank you.

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RBHA Board Meeting
Development Report – November 9, 2021

Richmond Behavioral Health Foundation

YTD Income (minus grants) to RBHF: \$4,242.49 (as of October 31, 2021)

YTD grants awarded: \$42,500 + \$4,996.46 (grant awarded in FY2021) = \$47,496.46

YTD gifts-in-kind: \$20,529.82

YTD Total Revenue: \$72,268.77 (includes GIK values)

	Current Year (FY22)	Past Year (FY21)	2 years ago (FY20)
	Total Grants/Requests Submitted in FY21 (July 1, 2021 – June 30, 2022)	Total Grants/Requests Submitted in FY21 (July 1, 2020 – June 30, 2021)	Total Grants/Requests Submitted in FY20 (July 1, 2019 – June 30, 2020)
Number of Submitted Grants/Requests	8 Total: \$477,000	7 Total: \$108,820	2 carryover from FY19 (\$40,000) 10 (TOTAL: \$151,000)
Number of Funded Grants/Requests	3	3	7
Dollar Value of Awarded Grants/Requests	\$42,500	\$51,320	\$142,000
Number of Pending Grants/Requests	2	1	0
Dollar Value of Pending Grants/Requests	\$26,500	\$15,000	0
Number of Denied Grants/Requests/Postponed	3	3	2 - denied 3 – cancelled (COVID)
Dollar Value of Denied or Partially Funded Grants/Requests	\$408,000	\$57,500	\$59,000
Gifts in Kind - Monetary Value (Includes Value of Volunteer Hours and Value of donated items)	\$20,529.82 (GIK)	\$68,357.20	\$57,671.25
Volunteer Hours	233	1551	863

Update on Grants and Gifts: See attached chart

RBHA Board Meeting
Development Report – November 9, 2021

Communications/Marketing:

- Mural Complete – Mural Video Complete – will push out video via email, social media, and website
 - Video to be used on-going with agency presentations, employee recruitment, employee onboarding

25th Anniversary Plans:

- Open Houses – We are revising plans for the first 2 Open Houses scheduled during calendar year 2021
 - North Campus Programs, SUD, and Prevention Programs – Will be outlined and promoted on social media platforms and website
 - 5th St./Cary St./RICH Clinic – TBD
- Open Houses will all take place during Calendar Year 2022

Volunteer Projects:

- DIY Volunteer Projects scheduled for drop offs on:
 - October 21st, November 30th, December 8th 11am – 2pm
 - Hygiene Kits, Nourishment Kits, Cold Weather Item Kits (see attached)
- In-Person Volunteer Event via Altria and Hands On Greater Richmond (up to 10 volunteers)
 - Hygiene Kits for North Campus residents
 - November 10, 2021 in the gym at North Campus
- RBHA/RBHF Board Volunteer Event
 - November 16, 2021 – Cold Weather Item Kits

Appeals:

- Year End Appeal
 - Email 11/08/21
 - Mail 11/18/21
- Planning in progress for end of year donor appeal

Fundraising Events:

- Beginning Wednesday, September 8, 2021:
 - Signed, matted prints of the building mural available – limited number
 - T-Shirts with mural design available for purchase through Bonfire

Monthly Mission Messages:

- July 2021 – Emergency Health Profile
- August 2021 – REVIVE Training (Narcan)
- September 2021 – North Campus Programs & SUD/Prevention Programs
- October 2021 – DIY Volunteer Projects & Giving Tuesday

I.C.E. (Inclusion of Communities through Excellence) Project

Partnership with the Central Virginia Skating Club and RBH – grant-funded by US Figure Skating



GRANT Applications FY22

	Application Date	Request	Requested	Funded	Not Funded	In Kind Value	Volunteer Hours	NOTES
Dominion Foundation	7/9/2021	Community Education Campaign	\$ 15,000.00	\$ 10,000.00	\$ 5,000.00			ACK Dominion in print at Open Houses
Boost Investment Grant	8/7/2021	Community Education Campaign	\$ 269,000.00		\$ 269,000.00			via The Community Foundation/ 2nd Year request: \$155,000
Virginia Humanities	8/16/2021	Community Education Campaign	\$ 14,000.00		\$ 14,000.00			American Rescue Plan funds
Capital One	9/2/2021	Permanent Supportive Housing	\$ 100,000.00		\$ 100,000.00			temporary housing costs
Community Foundation	9/10/2021	TDT Program Support	\$ 50,000.00	\$ 30,000.00	\$ 20,000.00			to support 6 months of a clinician position to build census
Women of St. Stephens	9/14/2021	Strollers/Car Seats for WRTC participants	\$ 1,500.00					strollers & car seats to gift to mothers in WRTC program
Altria - Give Together	10/27/2021	Homeless Services Support	\$ 25,000.00					Homeless Services Outreach & Temporary Housing Costs
Volunteer Projects/Requests								
Skills Connect	8/30/2021	Translation of RBH brochure and Rapid Access brochure to Spanish						
Hands On/Altria	8/31/2021	Hygiene Kits for North Campus programs	\$ 2,500.00	\$ 2,500.00				November 10th Volunteer Event with Altria Employees
Website Brand Updates	8/1/2021	converting website to brand style guide				\$ 10,000.00		Charles Ryan Associates
DIY Volunteer Projects								
Nourishment Kits		# of Kits Received						
	10/21/2021		126			\$ 1,260.00	76	
Hygiene Kits								
	10/21/2021		104			\$ 1,040.00	62	
Cold Weather Item Kits								
	10/21/2021		158			\$ 1,580.00	95	
Gifts-In-Kind								
			TOTALS:	\$ 477,000.00	\$ 42,500.00	\$ 408,000.00	\$ 13,880.00	233 Total Value Volunteer Hours: \$6,649.82