

BOARD OF DIRECTORS MEETING MINUTES

July 2, 2019

The Richmond Behavioral Health Authority (RBHA) Board met at the REACH Office, 3700 Festival Park Plaza, in Chester, VA 23831.

RBHA Board members present were: Thomas Bannard via phone; Dr. Joy Bressler; Scott Cannady; Irvin Dallas; **Vice Chair**; Dr. Cheryl Ivey Green, **Chair**; Sabrina Gross; Malesia “Nikki” Taylor; Dr. Michelle Whitehurst-Cook; and Chelsea Higgs Wise.

RBHA Board members absent were: Denise Dickerson, **Secretary/Treasurer**; Karah Gunther; Dr. Cynthia Newbille; and Eduardo Vidal.

Staff present: Dr. John Lindstrom, **CEO**; Steve Buffenstein; Bill Fellows; Susan Hoover; Dr. Jim May; Cristi McClanahan; Shenée McCray; Michael Tutt; Autumn Richardson and Meleese Evans.

RBHA’s Legal Counsel: Absent.

Guests: None.

Proceedings:

- The meeting was called to order at 3:05 p.m. by Dr. Cheryl Ivey Green.
- **Public Comment:** None.
- Thomas Bannard was voted in to participate by phone with a motion by Dr. Michelle Whitehurst- Cook, seconded by Irvin Dallas and unanimously approved.
- The Board minutes for June 2019 were approved with a motion by Dr. Joy Bressler and seconded by Dr. Michelle Whitehurst-Cook. The minutes were unanimously approved.

Employee Recognition

- Ashlie Jeffery, REACH Intake Coordinator, was recognized as Employee of the month.

Board Chair Report- Dr. Cheryl Ivey Green

- Dr. Cheryl Ivey Green was acknowledged as the newly elected Board Chair.

Presentation: Regional Education Assessment Crisis Services Habilitation (REACH) Services Presentation and Tour was presented by Autumn Richardson, LCSW, Region IV/Central Region, REACH Director and Cristi McClanahan, Director of Developmental Services/Region IV REACH Administrator. The presentation is included with today’s meeting minutes.

Chief Executive Officer’s Report- Dr. John Lindstrom

- The CEO report was discussed and is included in today’s board meeting packet and with today’s meeting minutes.

RBH Foundation Report – Mr. Irvin Dallas

- The Foundation Development Report and draft minutes from the Foundation Board’s last meeting was discussed and is included in today’s board meeting packet. The Development Report is included with today’s meeting minutes.

- Recently obtained new members on the Foundation Board.
- Foundation Board and staff are working on a strategic plan and annual signature fundraiser.

Committee Reports:

Access & Service Delivery Committee - Dr. Michelle Whitehurst-Cook

- The Access & Service Delivery Committee met on 6/4th.
- Reviewed and discussed service data report for 3rd quarter FY-19, including graphs. Day Treatment services data reflects an upward trend.
- Reviewed and discussed crisis intervention triage referrals report, upcoming board education presentations and RICH Integrated Care Clinic.
- Discussed human rights report. All allegations are closed.
- The next Access & Service Delivery Committee meeting will take place 9/17th at 3:00 pm.

Advocacy & Community Education Committee – To be determined

- The Advocacy & Community Education Committee have not met since the last board meeting. Conversations will take place before the September board meeting.

Action Item: Establish Chair for Advocacy & Community Education Committee and create updated fact sheet.

Executive Committee – Dr. Cheryl Ivey Green, Chair

- The Executive Committee met on June 7th.
- Discussed evaluation results from May's board meeting and agenda for June's board meeting.
- Discussed officer positions and committee appointments for FY 2020.
- The committee provided input for the upcoming retreat on 6/18th and agreed the main focus will be to discuss and draft a new Mission Statement and Vision Statement for RBHA.
- Dr. Lindstrom provided an update on the budget process and upcoming retreat.

Finance Committee –Ms. Denise Dickerson, Secretary/Treasurer

- The Finance Committee met on 5/22nd.
- The financial statements and executive summary for April are included in the board package.
- As of April 30th, RBHA showed a net gain of \$7.73 million and a total net assets of \$13.8 million, excluding Regional and Non-authority funds.
- Total cash in the bank at April 30th was \$21.1 million and RBHA's share of that cash increased by over \$1.1 million in April, but the cash balance continues to show slow payments from MCOs.
- The investment balance was steady for the month, but shows a year-to-date gain of \$245,000 on the \$5.6 million invested at the end of April.
- RBHA's current operating reserve ratio is strong at 1.35 or just under 3 months of expenses.

- Total client accounts receivable is \$9.8 million gross and just over \$5.4 million net of the allowance. Accounts receivable balance was adjusted to reflect only amounts actually billed for the month of April. This method of presenting accounts receivable represents a more realistic figure to be collected. The cause of the slow collection of accounts receivable has not changed; however, Management continues to increase pressure on the MCOs to pay for the claims submitted.

Human Resources Committee – Mr. Irvin Dallas

- The Human Resources Committee has not met since the last board meeting.

Nominating & By-Laws Committee – Dr. Joy Bressler, Chair

- The Nominating and By-Laws Committee has not met since the last board meeting.
- There are currently two open seats on RBHA's Board.
- Two consumers, currently receiving services, recently met with the committee and are applying for membership.

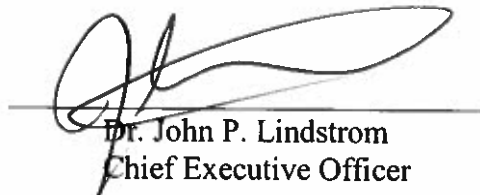
The meeting adjourned at 5:13 p.m. with a motion by Sabrina Gross and seconded by Irvin Dallas.

The next Board of Director's meeting will take place on **Tuesday, September 3, 2019 at 3:00 p.m.**

Respectfully Submitted:



Dr. Cheryl Ivey Green
RBHA Board Chair



Dr. John P. Lindstrom
Chief Executive Officer

Central Region REACH

Cristi McClanahan, LCSW – Developmental Services Director

*Autumn Richardson, LCSW
REACH Director*



Department of Justice Settlement

- * This program was created in response to the Department of Justice Investigation and Settlement Agreement.
- * “Virginia shall develop a statewide crisis system for individuals with intellectual and developmental disabilities (I/DD).”
- * Community-based crisis treatment options.
- * Must serve individuals with intellectual and developmental disabilities (I/DD) in the most integrated setting.

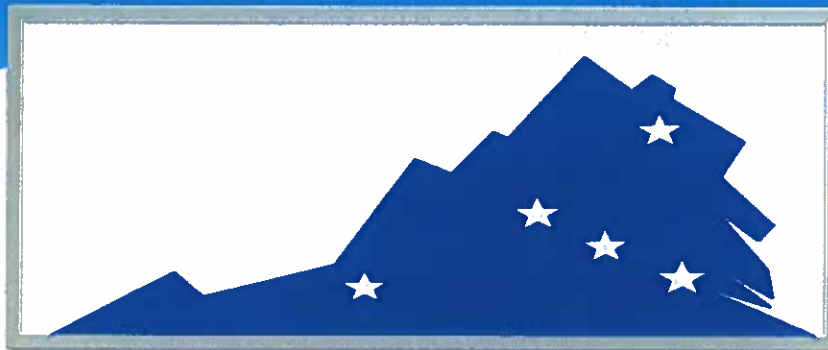


History of START/REACH

- 2011: DBHDS contract with University of New Hampshire's (UNH) Institute on Disability-START Center for community crisis services.
 - START, is a systems-linkage approach to provide consultation and training in crisis prevention, management, and support to individuals with I/DD.
- 2014: DBHDS did not renew the contract with UNH/START and the VA-START program became known as REACH.
- Services remain very similar to the START model; however, they are more flexible to meet the needs of Virginia.



Statewide REACH Locations



Western / Region I – Charlottesville – Operated by private provider, Easter Seals
 Northern / Region II- Fairfax County – Operated by private provider, Easter Seals
 Southwestern / Region III -New River Valley – Operated by CSB, New River Valley
 Central / Region IV- Richmond – Operated by CSB, RBHA
 Eastern / Region V-Hampton/Newport News – Operated by CSB, Hampton Newport-News

Central / Region IV

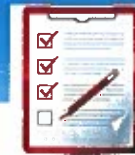


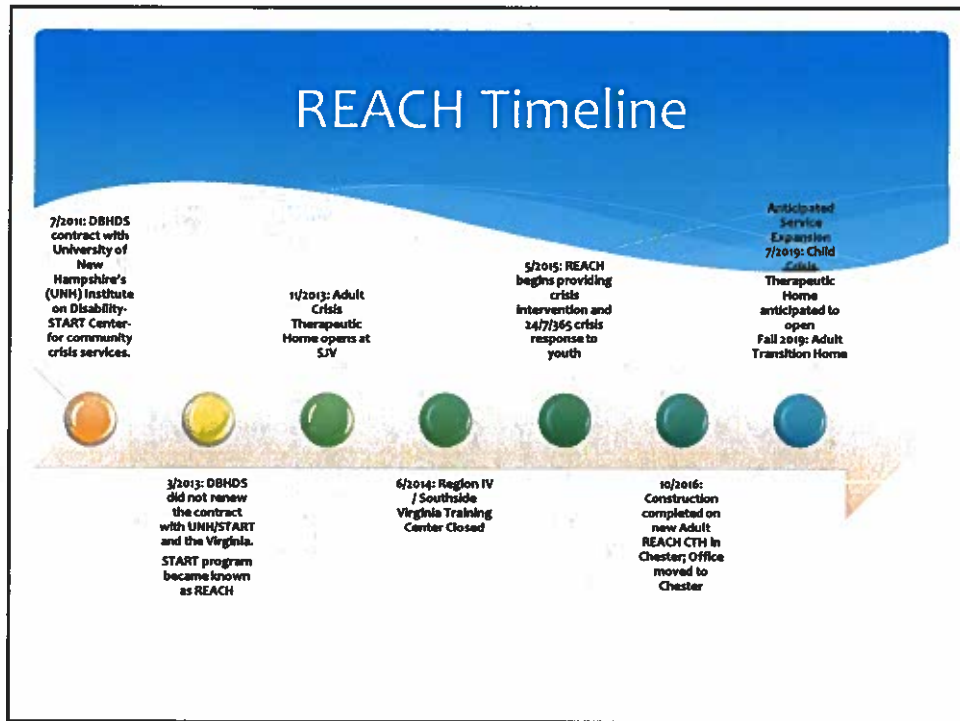
* Region IV is made up of 8 localities to include:

City of Richmond	Henrico
Chesterfield	Hanover
D19	Goochland/Powhatan
Crossroads	Southside

Who is eligible for REACH?

- Adults and Children
- A diagnosis of intellectual disability and/or developmental disability is required
- Have a co-occurring mental illness or significant challenging behaviors (deemed by support system)





Array of Services

REACH is a regional SYSTEM of Crisis Prevention, Intervention, and Stabilization Services for Children and Adults who have Developmental Disabilities.

REACH provides both Direct and Consultative Services

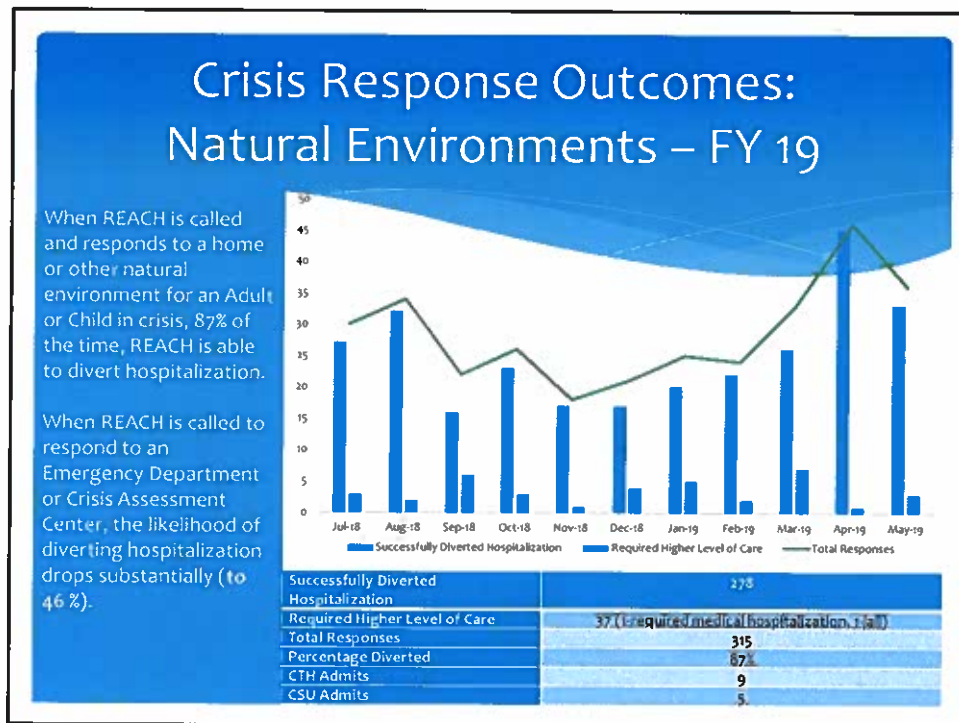
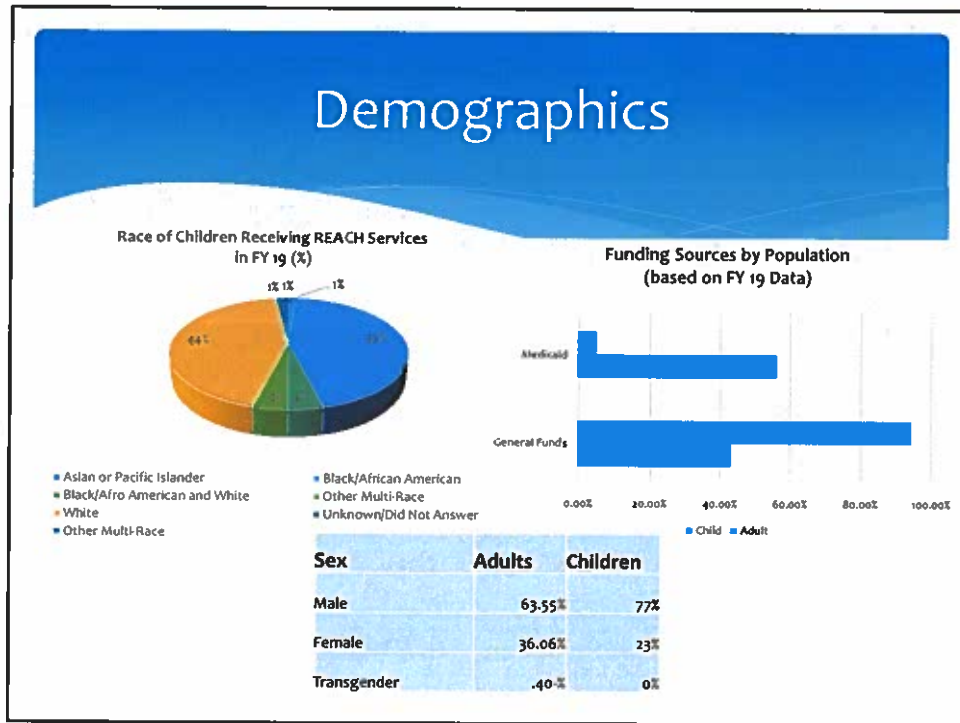
REACH is 24/7/365

Crisis		Prevention	
Crisis Response	Crisis Therapeutic Home	Acute Stabilization	Coordination
Community Based Crisis Stabilization	Psychiatric Consultation	Behavior Consultation	Outpatient Psychotherapy
			Community Training

REACH Staffing

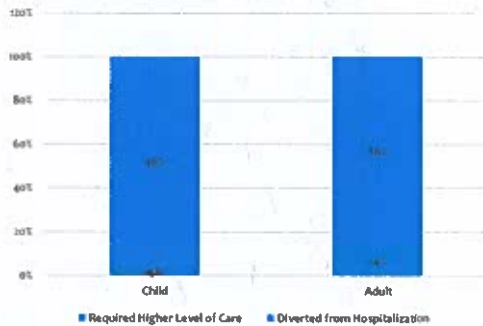
Position Type	Part of 24/7 On-Call Response System?	# of Staff
Coordinators and Prevention	Yes	17
Mobile Crisis Stabilization Team	Yes	7
Crisis Clinicians	Yes	6 FT, 3 PRN
Outpatient Therapists (LMHP)	No	2
Community-Based Clinical Supervisors / Managers	Yes	7
Residential Manager	Yes	1
REACH Director	Yes	1
Therapeutic Home Staff (includes RN, Techs and DSP) Across Three Homes	No	14 FT, 8 PRN
Behavioral Consultants	Yes	3
Medical Director / Psychiatric Consultant	Yes	1





Mobile Crisis Stabilization Outcomes

FY 19 1st - 3rd QTR Mobile Crisis Stabilization Outcomes



Mobile Support Raw Data	
Number Served	142
Diverted	127
Required Higher Level of Care	15
# of People who Received More than 1 round of Crisis Stab services (max was 5 rounds by 1 person)	33

Anticipated Areas of Development

- * Successful implementation of TWO Statewide residential service locations (Child CTH / July 2019 & Adult Transition Home / Fall 2019)
- * Further expansion of outpatient services and prevention services to include youth with I/DD
- * Explore opportunities for further development of cross-disability services (ex: SUD)
- * Further develop behavioral programming at REACH Homes

Case Review: Jordan

- * 18 year old, Male presented in ER after being dropped off there by family following a dispute. He lives with his aunt but cannot return.
- * Jordan expressed feelings of depression and current suicidal ideation without a plan. Jordan has a history of self-injurious behaviors.
- * Jordan has never been hospitalized. Jordan is not receiving any services currently.
- * Jordan is diagnosed with Major Depressive Disorder and Autism.
- * Outcome: Opened to REACH Prevention, Natural Supports, Safety Plan, Mobile Support, Rapid Access – Remained Safe in Community

REACH provided face to face consultation at the hospital alongside Behavioral Health clinician at Memorial Hospital.

Services REACH linked Jordan to:

- REACH Prevention for crisis follow along and crisis planning
- Natural Supports for Temporary Housing / Supervision
- Safety Planning
- REACH Mobile Supports
- Linked to Rapid Access with Hanover

Thank you!

Questions?

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Richmond Behavioral Health Authority
Board of Directors
Chief Executive Officer's Report
July 2, 2019

Happy Independence Day week! RBHA will be closed to regular clinic operations on July 4th and 5th, extending the holiday by one day in keeping with the City, Commonwealth, and surrounding jurisdictions.

Thanks to those of you who were able to participate in our Annual Board and Leadership Team Retreat. We now have officially elected Officers for 2019-2020 and an approved FY 20 budget. We also have the beginnings of a refreshed/revised Mission and Vision statement. It was truly amazing to observe the discussions taking place in the breakout groups and see just how similar each of the resultant Mission statements were presented during the after dinner large group session.

The Governor's Challenge to Prevent SMVF Suicide continues, with regular state level planning and implementation meetings. The Virginia team attended a 3-Day Implementation Academy, led by SAMHSA and the Veterans Health Administration, on May 15 – 17 in Arlington. Later this month, I will attend a 2-Day training on Safe Messaging and Social Media in Washington, D.C.

Our HR department once again conducted a very successful Benefits Fair for staff on May 10 to kick off Open Enrollment. Employees once again used the Benefits First portal to elect/change benefits for the new fiscal year.

July will be busy fine-tuning the RBHA implementation of Primary Care Screening and Outpatient services under STEP-VA. Several positions have yet to be filled.

The Children's Crisis Therapeutic Home, which will first operate at the Hickory Road site, will likely commence operations mid-July. The Baldwin Road site is now scheduled for completion in September.

We will soon be licensed for ASAM 3.1 Residential Services at the Women's Treatment Center, North Campus. A temporary Certificate of Occupancy is in hand for the second floor. There are a few items to be addressed by the contractor before we will be able to receive the final CO. We have sought guidance from Christian and Barton regarding final settlement with the contractor.

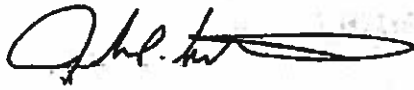
Finally, various workgroups continue to accomplish tasks required of our status as a Certified Community Behavioral Health Center. Our plans are to build upon the Board's Access & Service Delivery Committee so that it may serve in a CCBHC advisory capacity.

I look forward to a very positive and productive FY 20. Thanks to Dr. Newbille for chairing the RBHA Board of Directors for nearly 5 years, and to Dr. Bressler for stepping in to close out FY 19. I look forward to working with our new Board Chair, Dr. Cheryl Ivey Green and new Vice Chair, Irvin Dallas, in the year to come. I have the double pleasure of working with Irvin in his role as Chair of the RBHF Board of Directors.

NOTE: The RBHA Leadership Team meets on Wednesdays from 10:00 to 11:30 AM.

CEO Report
July 2, 2019

Respectfully submitted,



John P. Lindstrom, Ph.D., LCP
Chief Executive Officer

**RBHA Board Meeting
Development Report – July 2, 2019**

Richmond Behavioral Health Foundation – As of May 31, 2019

YTD revenue: \$136,111.96

YTD revenue from donations/appeals/events: \$15,866.96

YTD grants: \$120,245 (FY19 - \$59,795.00 FY18 - \$60,450)

YTD gifts-in-kind:

\$2,000 (Hands on Greater Richmond)

\$2,400 (Picnic Tables & Benches Richmond ToolBank)

\$2,500 (Lewis Ginter)

\$275 (11 trees Richmond Tree Stewards)

\$2,167 (Raffle Ticket donations - FIW)

	Current Year (FY19)	Previous Year (FY18)	Two Years Ago (FY-17)
	Total Grants/Requests Submitted in FY19 (July 1, 2017 – June 30, 2019)	Total Grants/Requests Submitted in FY 18 (July 1, 2017 – June 30, 2018)	Total Grants/Requests Submitted in FY 17 (July 1, 2016 – June 30, 2017)
Number of Submitted Grants/Requests	11 \$481,500 and up to \$500,000 (\$903,500)	8 (totaling \$136,000)	4 (Totaling \$131,000)
Number of Funded Grants/Requests	6	6	3
Dollar Value of Awarded Grants/Requests	\$59,795 \$9,342 In-Kind	\$106,000.00	\$76,000
Number of Pending Grants/Requests	1	0	0
Dollar Value of Pending Grants/Requests	\$25,000	\$0	\$0
Number of Denied Grants/Requests	4	2	1
Dollar Value of Denied or Partially Funded Grants/Requests	\$821,500.00	\$30,000	\$55,000

Update on Grants and Gifts: See attached chart

RBHA Board Meeting Development Report – July 2, 2019

Outreach/Appeals/Partners

- Annual Giving Appeal mailed in November
- RBHA United Way Campaign to kick off November 5, 2018 – RBHA Staff donated over \$18,000 to United Way Campaign
- New Year Card mailed to 2018 donors and community partners
- Summer Camp Appeal – March 2019 – benefitting DS Children’s Services

Media/Marketing:

- RBHA North Campus commercial airing on NBC12 through end of October 2018
- RTD Article – October 8, 2018 – Women’s Services/Transitional Housing
- RTD Article – December 24, 2018 – Horticulture Therapy
- Social media – Facebook, Instagram, Linked In – all sites are up
- RBHA Website under consideration with Charles Ryan Associates – waiting for costs and timeline information
- Website planning initiated with Charles Ryan Associates
- Developed program brochures and marketing materials for several programs within RBHA

Events:

- Art of Recovery – September 24, 2018 – estimated approximately 140 people in attendance
- Fall into Wellness – October 20, 2018
- North Campus Open House – April 16, 2019, 9am – 1pm
- A Gathering – March 21, 2019, 5:30pm, Monroe Park

Outreach:

- NAMI Walks
- AFSP – Virginia Chapter – Out of the Darkness Walk
- Halloween Event, Arthur Ashe Center – Senator McLellan Sponsored Event
- Jenkins Foundation – Therapeutic Day Treatment presentation at the Community Foundation – March 5th
- A Gathering – March 21, 2019, 5:30pm, Monroe Park
- Richmond City Office of Human Services – hanging Recovery by Design posters in City Hall Office and Dr. Lindstrom and I will present at Lunch & Learn on March 26th
- North Campus Kitchen Garden – Community Garden Tour – Lewis Ginter Botanical Garden and Peace Education Center – Saturday, May 4, 2019
- RBHA North Campus Gardens will be the beneficiaries of a fund-raising dinner hosted by Lewis Ginter – August 14, 2019

GRANT Applications FY20

	Application Date	Request	Requested	Funded	Not Funded	In Kind	NOTES
Altria ACECF	5/8/2019	Homeless Services SUD Peer Outreach	\$ 25,000.00	\$ 25,000.00	\$ -		Outreach Services Funding
Dominion Foundation	6/7/2019	Homeless Services SUD Peer Outreach	\$ 15,000.00				Salary Support
Hands On Greater Richmond	6/28/2019	North Campus Greenspace	\$ -	yes			Altria ELVE Project - Volunteers - Walking Trail
Aetna		Alive RVA	\$ 5,000.00	\$ 5,000.00			via Dawn - ALIVE RVA support
Women of St. Stephen's Church	8/15/2019	WRTC - North Campus	\$ 3,000.00				Welcome Kits - Women and Children
		TOTALS:	\$ 48,000.00	\$ 30,000.00	\$ -	\$ -	